

DYNAMIC DUO

BY LAURA SCHOLZ





Arshia Payman, MD and Abtin Shahriari, MPH, DMD met while he was completing his residency at the University of Pennsylvania while she was completing hers at George Washington University. He thought she was beautiful, intelligent and witty. She found him tall, shy and driven to succeed. Today, the Atlanta power couple owns two thriving medical practices—Derm Clinic MD (dermclinicmd.com) and Greater Atlanta Oral Facial Surgery (oralsurgeonatlanta.com). At home, they love swapping patient stories and eating a full Persian breakfast with their two daughters and talking walks around Chastain Park near their home. Here, they share some of their other favorite wellness products and family-oriented activities.

NEIGHBORHOOD

Chastain Park

FAMILY

Two daughters and one Shichon (half Shih Tzu and half Bichon)

BREAKFAST

Persian cucumbers, feta cheese, lavash bread, grapes, watermelon and boiled eggs

GO-TO ATLANTA SPOTS FOR FAMILY OUTINGS

Avalon and Ponce City Market



Clockwise from top: Dr. Shahriari and Dr. Payman and their favorite SkinCeuticals products, triple lipid restor and C E ferulic

FAVORITE ACTIVITIES

Hiking and walking around Chastain Park

DREAM VACATION DESTINATION

Italy or Spain

DATE NIGHT SPOT

Umi

PHILANTHROPY

Organizations serving children and those affected by war or famine

WORKOUT

Weight lifting, walking, and yoga (him)
Weight lifting and walking (her)

HOME SCENT

Jo Malone candles

SKINCARE PRODUCTS

SkinCeuticals CE ferulic and SkinCeuticals triple lipid cream

ARSHIA PAYMAN

BOARD-CERTIFIED PHYSICIAN & MEDICAL
DIRECTOR OF DERM CLINIC MD



Arisha Payman, MD,
board-certified physician
and medical director of
Derm Clinic, MD

alternatives to slow down the aging process and achieve beautification without having to resort to invasive scalpels and surgery.

What is the best part of your job?

My career is a blessing, and, as any fellow industry professional will agree, we are helping people achieve the best version of themselves so that they can feel externally what they feel internally. Most of my patients are energized, have active careers, are family driven and feel healthy on the inside, but the natural physical aging process doesn't mesh with their inner feeling. Today, aesthetic medicine is exciting because we have a multitude of modalities to treat and slow down aging without surgery and invasive procedures. Bio-regenerative medicine is a raging field and very much a part of people's treatments in Europe and Asia, and I am both proud and excited to bring new bio-regenerative methods to Atlanta.

What first sparked your interest in your industry?

I wanted to be at the forefront of the new, rapidly growing field of aesthetic medicine so that I could offer my patients, already seeking the best of physical health, the latest and most effective nonsurgical

What is the ethos behind your business?

Some key aspects of the ethos in my practice include upholding the highest ethical standards. I strive to always provide my patients with patient-centered care, listening to their concerns, understanding their goals and tailoring treatments to meet their unique needs. Patient safety, comfort and informed decision-making are paramount.

What do you think sets you apart from your competition?

I have over twelve years of experience in the practice of aesthetic medicine and am an active educator and trainer for nonsurgical cosmetic procedures throughout the United States. I teach other physicians, dentists and healthcare professionals about the art of injectables, including botulinum toxin and dermal filler injections. My practice is also one of the first aesthetic practices in the Atlanta area experienced in bio-regenerative medicine and relies on new-age bio-regeneration to holistically approach patients' aging process rather than bandaging the aging process. Through bio-rejuvenation, we can stimulate

collagen growth and regenerative cells leading to skin repair and regeneration of collagen. This is an exciting new field of aesthetic medicine, and I'm proud to be one of the first practices to bring this aspect of aesthetics to this city.

What are the positive ways you use your power in your community?

My business partner and husband, Dr. Abtin Shahriari of Greater Atlanta Oral Facial Surgery, and I are proud to have sponsored and continue to sponsor several key community organizations through financial support and spending time volunteering. We annually sponsor The Pink Agenda and Prevent Blindness Georgia, which has personal meaning to our family and recently sponsored An Evening for Education with Odyssey Atlanta, a summer program offering free of cost education to motivated Atlanta public school students in rising grades 1 through 12 from underserved communities to help motivate and instill lifelong learning. We also love having our boots on the ground with community service projects, including collecting food items for local homeless shelters such as My Sister's House and assisting with park cleanups in our neighborhoods. It is very important to our family to involve our children in continually assessing how we can serve our local communities. Success is not reaped when people stand alone; rather, it is cultivated by working to make your community thrive.

What is the most valuable thing you've learned about your career?

Successful careers are built through hard work and perseverance. I am proud that my skills as an aesthetic physician are a reflection of years of dedication, self-guided continued learning and a desire to set limitless career goals for myself.

What first sparked your interest in medicine, health and wellness and drew you to your specialty?

I became interested in medicine when I first started working with the WHO and CDC after completing my Master's degree in Public Health, working to eradicate polio in remote places such as Bihar, India. My volunteer work in Songea, East Africa helped me decide to choose oral maxillofacial surgery as a field to pursue as my specialty- I was driven toward the field of surgery because I knew it could have a tangible and immediate impact on the lives of my patients while allowing me the opportunity to harness creativity through problem-solving. The complexity of oral maxillofacial surgery, as well as the interdisciplinary nature of the field, which includes surgery, anesthesia and patient-centered care, as well as the technical and creative skills characteristic of this discipline, all drew me to this particular field.

What about your work continues to inspire you today?

I'm inspired by modern technology. Modern technology has the ability to dramatically optimize my patient's surgical outcomes. It also motivates me to evolve with the latest surgical technology, refining and improving precision through minimally invasive surgical techniques. We are the first dental practice in the southeast to use Facial iD technology for custom-designed dental implants engineered for patients with unique jaw architecture and for complex corrective jaw surgeries. We are also the only dental practice in the U.S. to have performed the first case of placing mandibular dental implants into patients who would have otherwise failed dental implant procedures. My practice is also the 35th surgical center in the world to perform the guided zygomatic implant placement procedure. We are proud of this history of

accomplishments in cutting-edge dental implant technologies and will continue to break boundaries in bringing the latest dental technologies to the Southeast.

What drew you to practice in Atlanta, and how has that decision been rewarding?

I am a native Atlantan and continued my education at Emory after finishing dental school at the University of Pennsylvania. I knew I wanted to start a family in Atlanta and watch the city prosper, and be a part of Atlanta's continued growth.

What is the best advice you've ever received?

The best advice is from my father, who always taught me to never give up and to continually strive to learn.

What is up next for you in terms of your career and your practice, clinical trials or any news we can spotlight?

I am proud to share that my practice is one of the first to use bio-regenerative techniques to improve surgical outcomes. I also strive to learn new techniques in dental implant surgery and teach worldwide.

Is there anything else you'd like to add or think we should know about you?

It is an honor to be chosen by my peers as one of the Top Dentists of 2023, and I'm humbled by the peer-based recognition of my surgical skills. I am proud to be the Chief Surgical Director of two state-of-the-art surgical centers, which are the only two oral surgery offices certified by the Accreditation Association of Ambulatory Health Care (AAAHC) in the entire state of Georgia. AAAHC certification makes my office stand out in the Atlanta area as one committed and focused on patients' safety.

Greater Atlanta Oral Facial Surgery

Abtin Shahriari,
DMD, MPH, Director
of Surgery Center at
Greater Atlanta Oral
Facial Surgery



ABTIN SHAHRIARI

DMD, MPH & DIRECTOR OF SURGERY CENTER AT
GREATER ATLANTA ORAL FACIAL SURGERY